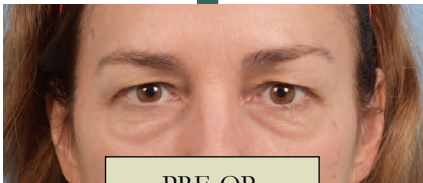
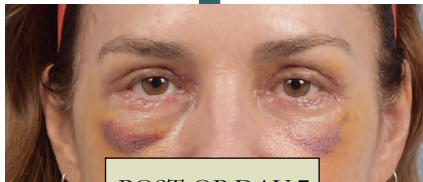


Upper & Lower Blepharoplasty
with Fat Transfer

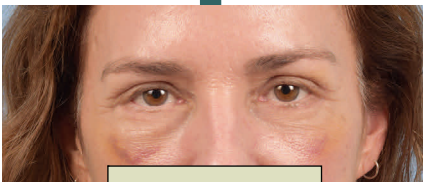
PRE-OP



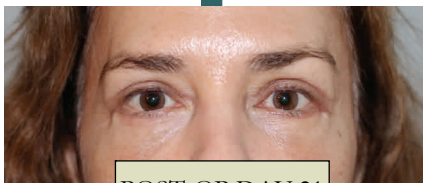
POST-OP DAY 1



POST-OP DAY 7



POST-OP DAY 14



POST-OP DAY 21

What to expect when you're expecting: **Eyelid Surgery**

One of the most noticeable signs of facial aging is tired eyes. Whether it's excess skin on the upper eyelids or lower eye bags you can't seem to get rid of, refreshing the focal point of the face can provide the most dramatic and rewarding rejuvenation.

By removing excess skin on the upper eyelid, it allows Dr. Cheng to provide the patient with a higher and more noticeable crease while giving an overall smooth and tight appearance to the eyelid. A lower blepharoplasty works in the same way; removing the excess skin and fat bulges under the lower eyelid so the overlying skin then lies smooth and flat, without structural abnormalities.

But it doesn't always stop there. The muscle, tissue and skin have been addressed, but there is still a pivotal part to refreshing the lower eyes: volume. As we age, our orbital socket widens and the fat that once sat perfectly in that space simply doesn't suffice. Because of this—Dr. Cheng may recommend fat repositioning or fat transfer to fill any hollow space that remains after your lower blepharoplasty. Fat repositioning involves using the fat that already lives under your eyes and repositioning it over the orbital rim to lay smooth. Alternatively, if your anatomy requires more volume, harvesting fat from another area of the body (typically inner thigh, abdomen or flanks) and transferring it to the lower eyelid can provide much more volume and smoothness.

So what can you expect? You have the most important role in your healing process. During your pre-operative appointment, Dr. Cheng will go over your at-home post-operative care and provide you with all the necessary products to ensure proper healing. Having support from someone at home to help you do day-to-day tasks is important for the first week after surgery; from cleaning incisions to helping you get around as your vision is slightly compromised. Dr. Cheng generally recommends taking 7-10 days off from work, and after 14 you are usually ready to resume all normal activity. By 1 month, you may still have residual swelling but the only thing people will notice is how refreshed you look! Above all, you can expect Dr. Cheng and the staff to be there for the days, weeks, months and years after your surgical journey. Our number one priority is always you!

“When skin droops, it is often from the muscle below the surface drooping. I tell patients when you want to make your bed military style, with crisp clean edges, you need to pull the thin sheet up and then the other covers are pulled taught and tucked up. Your eyes and face need this too. The muscle is the thin sheet, which supports everything above it. The skin and fat are tucked up and fat is used to create smoothness and youth.”

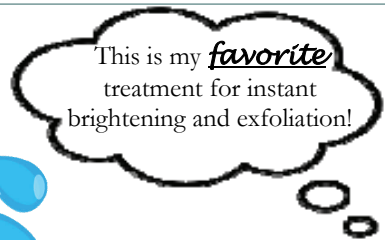


Dr. Elbert is a double Board Certified Facial Plastic and Reconstructive Surgeon and Otolaryngologist-Head and Neck Surgeon.

-Dr. Elbert Cheng

Cheng MedSpa is now introducing...

hydracial



Nam

Medical Esthetician

HydraFacial has made it's debut *splash* here at our office!
This state-of-the-art facial system addresses all skincare needs:

Mention our newsletter at your next appointment and receive \$50 off your first HydraFacial!

- Fine lines + Wrinkles
- Elasticity + Firmness
- Even Tone + Vibrancy
- Skin Texture
- Brown Spots
- Oily + Congested Skin
- Enlarged Pores

HOW IT WORKS

CLEANSE + PEEL
Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing.

EXTRACT + HYDRATE
Remove debris from pores with painless suction. Nourish with intense moisturizers that quench skin.

FUSE + PROTECT
Saturate the skin's surface with antioxidants and peptides to maximize your glow.

BRIGHTALIVE BOOST

Minimizes the appearance of discoloration and brightens skin tone for an instantly gratifying glow.

GROWTH FACTOR BOOST

Minimizes the appearance of fine lines and wrinkles to restore skin health and vitality.

DERMABUILDER BOOST

Minimizes signs of aging and recharges skin with a patented combination of peptides.

BRITENOL BOOST

Minimizes the appearance of dark spots and sun spots for an even complexion.

Skin health is of the utmost importance when it comes to aesthetics. Getting your routine Botox, Dermal Fillers, laser treatments and surgical procedures without proper skincare is like going to the dentist to get your teeth cleaned, but never brushing or flossing at home! HydraFacial is a one-stop facial treatment that deeply cleanses the skin, extracts dirt and debris and infuses potent serums targeted specifically for what your own skin needs. Not only will you see dramatic improvement in your skin health, but you'll leave your treatment absolutely glowing!

Let's get social!

Refresh your look: MINT PDO Thread Lift

THE SAFE SOLUTION TO SAGGING SKIN

What is MINT PDO?

MINT PDO (Minimally Invasive Nonsurgical Thread) is a safe and effective thread that is used to pull and approximate soft tissues of the sagging skin to a desired position. Made of polydioxanone, these absorbable sutures also help stimulate your own collagen production, aiding in facial rejuvenation.

The procedure is simple and done through local anesthesia. Patients will experience minimal pain, minimal scarring, and a rapid recovery.

What makes MINT different?

Other bi-directional threads “float” under the skin, gathering tissue in the middle of the suture without anchorage at either end.

MINT PDO Threads are sutures with 3D helical barbs that provide maximum anchoring and tensile strength by fixing the skin tissue in all directions. This provides unmatched lift and durability when compared to other thread lifting sutures.

How long do the results last?

Patients will see immediate results after the procedure that can last up to 1 year. MINT has a stronger lifting power and better specification design in comparison to other PDO threads. By restoring the patient’s lost youth with a sharper jawline and V-line, MINT procedures address signs of aging caused by gravity, such as sagging skin.

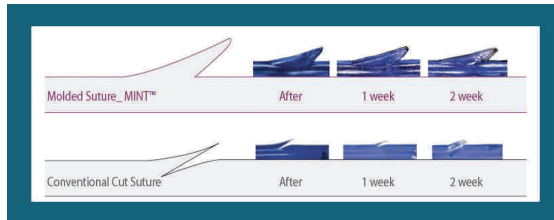


“The best candidates for MINT Threads are the ‘in between’ patients. They could benefit from something more than non-invasive procedures, but aren’t quite ready for surgery. If you’re just starting to see facial skin laxity, MINT can provide a great lift to the neck, jowls midface and forehead.”



- Dr. Jacqueline Cheng

Dr. Jacqueline is a double Board-Certified Facial Plastic and Reconstructive Surgeon and Otolaryngologist-Head and Neck Surgeon.



MINT EVENT



Friday, August 23rd
12 –2:30 pm

Come join us for a lunch and learn about MINT PDO Threads with Dr. Elbert and Dr. Jacqueline Cheng. Enjoy food, drinks and promotional event-only pricing!



STAFF ADVENTURES

The Fun Continues

as the Cheng N’ Gang steps out of our office and scrubs, and on to the bocce court! Not only do we pride ourselves on the way our team works together daily, but even more so on the bond we share as a family.

Our SkinCeuticals team graciously treated us to a fun night of food, drinks and a little healthy competition at Campo Di Bocce in Los Gatos. Nights like these remind us how grateful we are to have cultivated this amazing group of individuals!



Campo di Bocce

Cheng Plastic Surgery
12945 Saratoga Ave
Saratoga, Ca 95070

Phone: 408-255-3223
Email: cheng@cffbr.com

ADDRESS



Mark your calendars for our biggest event of the year!

Fall Open House

Thursday, October 10th

4:00 to 7:00 pm

Join us for lite bites, refreshments, promotions on all services and event-only pricing on SkinCeuticals products.

RSVP today - We can't wait to see you there!

(408) 255-3223

Review Corner



★★★★★ 7/12/2019

Dr. Cheng was approachable, accommodating and showed a genuine care for my best interests. Dr. Cheng educated me on all of my options. I had a wonderful experience at the center for facial and body rejuvenation. Furthermore the entire staff was extremely welcoming and made me feel comfortable upon entrance."

- July 2019 Yelp Review

Psst... We're getting a little facelift of our own.



You've seen The Center for Facial and Body Rejuvenation blossom into what is now Cheng Plastic Surgery. Now, it's time for our website to reflect the same.



Stay up to date with our social media in August as cffbr.com will make it's debut re-introduction!