

Empowered by Choices, Low versus High

fter love, career, family, loss, success, failure, your face tells a story. You may want to change the face that is reflected in the mirror to match what you feel on the inside—calm, cool, collected, and radiant. Whether it is signs of aging or a cosmetic procedure that can help you feel more confident, the specialty of facial plastic and reconstructive surgery has advanced to provide low- and high-tech prospects for your consideration.

Low-tech

Perhaps the signs of aging are just starting to appear or maybe this is your first visit to a facial plastic surgeon and you want to start with something small regardless, there are options for vou. These lowtech treatments tend to be temporary, affordable, and with little to no recovery.

If you have puffy eyes or sagging

skin, try an under-eye product for a temporary solution. One that is rich in antioxidants will tighten and brighten stressed-out skin; a cream with hydroqui-

none and retinoids (vitamin A derivatives) will lighten dark spots and maintain the skin's suppleness. A cream containing vitamin C (L-ascorbic acid) can improve skin

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NEOGRAFT: ADVANCED HAIR TRANSPLANT

No Visible Scar. Fast Recovery. Minimally Invasive.

If you have ever looked in the mirror and thought," My hair is thinning-I should do something about it," you are far from alone. In fact, approximately 50 million men and 30

> million women in the United States suffer from genetic pattern baldness or thinning hair, and even more are looking for a safe, natural-looking transplant solution.



- Is minimally invasive (no stitches or staples required).
- Is natural-looking (no linear scar).
- Causes little-to-no discomfort (no scalpel involved).
- Features quick recovery time (usually just a few days).



Cheng Hair Restoration Special Offer

\$3,000 off 2,000 FUE Grafts \$1,500 off 1,000 FUE Grafts

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tone, clarity, and texture. Tackle fine lines and wrinkles with neurotoxin injections—Botox® or Dysport®—administered through tiny injections right into the overactive muscles that cause lines to form. Injectable fillers can be used to fill in wrinkles and restore volume to the lips or cheeks; results may last up to two years depending on the filler. Laser therapy is another possibility to help stimulate collagen production and improve skin tone, texture, and fine wrinkles.

High-tech

If you are looking for permanent solutions, you may consider a surgical procedure to be the right fit. A facelift removes excess skin and tightens the muscle and connective

tissue in the lower two-thirds of the face. The result is smoother skin, reduced jowls, and a refined jawline. The most popular procedure is nose surgery (rhinoplasty) to improve the function or shape of the nose—reduce or increase parts of the nose, remove a hump, change the shape of the tip or bridge, improve breathing ability, or narrow the nostril span. Eyelid surgery, blepharoplasty, removes excess skin in the upper and lower lids and reduces the amount of fatty tissue under the eye. This surgery can correct drooping skin and reduce bags or puffiness under the eyes. It is your choice to have a treatment or procedure. Most patients state that proactively seeking to

bridge the gap between how they look and how they feel has positively impacted their self-esteem, confidence at work, and overall mental well-being. Whether you are seeking to feel complete and confident within yourself or need help to unwind the effects of aging, stress, and fatigue, facial plastic surgery options may empower you to make positive and transformative changes.



Dr. Elbert Cheng

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You

Tube

Rejuvenation

Body

CHENG PLASTIC SURGERY



Dr. Jacqueline Cheng is a double Board Certified Facial Plastic Surgeon. She cherishes her patients and always puts their needs first. She is a member of the American Academy of Facial Plastic & Reconstructive Surgery.



We're Social; Follow us!

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Dr. Elbert Cheng is a double Board Certified Facial Plastic Surgeon and a member of the American Academy of Facial Plastic and Reconstructive Surgery. He appreciates his privilege of treating each of his patients and prioritizes their concerns.

You're Invited

Join us at our bi-annual open house. Learn about all the services we offer and watch live demonstrations.

Spring Open House

Thursday, May 9, 2019

4:00-7:00 p.m.

Enjoy light bites, exclusive pricing on all our services and one night only specials on Skinceuticals products.

SKINCEUTICALS

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Staff Adventures

As a whole, the staff here at CFFBR, or as we like to call ourselves, "The Cheng Gang", love to smile and have an all around good time together. This past fall we had a blast together while soaking in the sun at a Giants game!



Don't Keep Us a Secret!

Refer a friend to come see us! After their complimentary consultation with the Dr. you will receive a \$50 gift card from us as a thank you. The gift card can be used towards any service offered here at Center for Facial and Body Rejuvenation.

What can be done to enhance my cheekbones without having surgery?

ne of the strongest characteristics of vouth is a fullness of the cheeks, indicating an abundance of healthy soft tissues and fat that is present under the skin. Also a sign of vitality, the cheekbones are responsible for defining the face, highlighting the eyes, and adding overall

balance to your features. Not everyone has prominent cheekbones and the contour and fullness tend to diminish as we age.

According to the American Academy of Facial Plastic and Reconstructive Surgery, enhancing and restoring volume to the cheek area through

injectables is one of the rising trends seen in the last year. Depending on your needs, your facial plastic surgeon may recommend soft tissue fillers or fat. There is minimal downtime with injectables, so you can get back to your life right away feeling younger and more refreshed. In-

jectables are not permanent; the duration of the results depends on the filler used ranging from six months to two years.

Restylane Wuvéderm



Feeling Cheeky

How did Dr. Cheng help this patient look rested?

- ⇒ Treatment: Juvederm, Voluma XC & Volbella XC
- ⇒ Technique: Blunt cannula-decreases the risk of bleeding and nerve injury
- Time it takes: 1 hour
- ⇒ Comfort: Topical numbing is applied 30 minutes before treatment
- Full effect: Immediate
- \Rightarrow Lasts: 1-2 years





Before

After

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ADDRESS



Save the Date: Upcoming Events

Sculptra Dinner

March 14, 2019

Thursday

Be our guest! Cheng Plastic Surgery would like to invite you to dinner—and to learn about Sculptra! RSVP for an intimate evening at the Cheng office for a scrumptious meal with the Doctors. Great food and deals for all!

Iust Be You

March 22, 2019 Friday

An Ultherapy one-onone consultation event. Call to schedule your private appointment to discuss how Ultherapy can help you achieve your goals. Only those present will be given preferred pricing. Limited spaces available

Better Body Bootcamp

April 26, 2019

Tuesday

Get your body into shape before the summer begins! Come to learn about Smartlipo,

Cellfina and Coolsculpting. Pricing you cannot say no to!

Open House

May 9, 2019

Thursday

Our Bi-Annual Event: Live demonstrations, promotional pricing on almost all our treatments, and informative talks by the Doctors. You don't want to miss



408-255-FACE

"Doctors Elbert and Jacqueline are true perfectionists. I'm so pleased with the results from my procedures. They took me from looking tired and droopy to refreshed! What a phenomenal team. The entire staff is amazing. Completely knowledgeable, friendly and eager to help."

-quoted from our Yelp October 2018

Read a Review & Leave a Review









